



The Clarity Compass

5 Coaching Questions to Realign Your Career & Life

by Jackie Han | Vibrant Ventures Coaching

Welcome to your next chapter

You've achieved a lot. On paper, everything looks solid. And yet - somewhere inside - something feels misaligned, muted, or missing.

Coaching is the space where high achievers like you can reconnect with what truly matters, so you can turn drive into fulfillment and potential into lasting impact.

The questions in this guide are drawn from the Co-Active coaching model and rooted in positive psychology. Take them slowly. Let your answers be honest and imperfect. Let yourself be surprised.

By the end, you'll have a clearer sense of what's calling you forward - and what the next chapter might hold.

How to use this workbook

Set aside quiet, uninterrupted time to reflect.

Answer intuitively - no need to overthink. There are no wrong answers here, no one to impress.

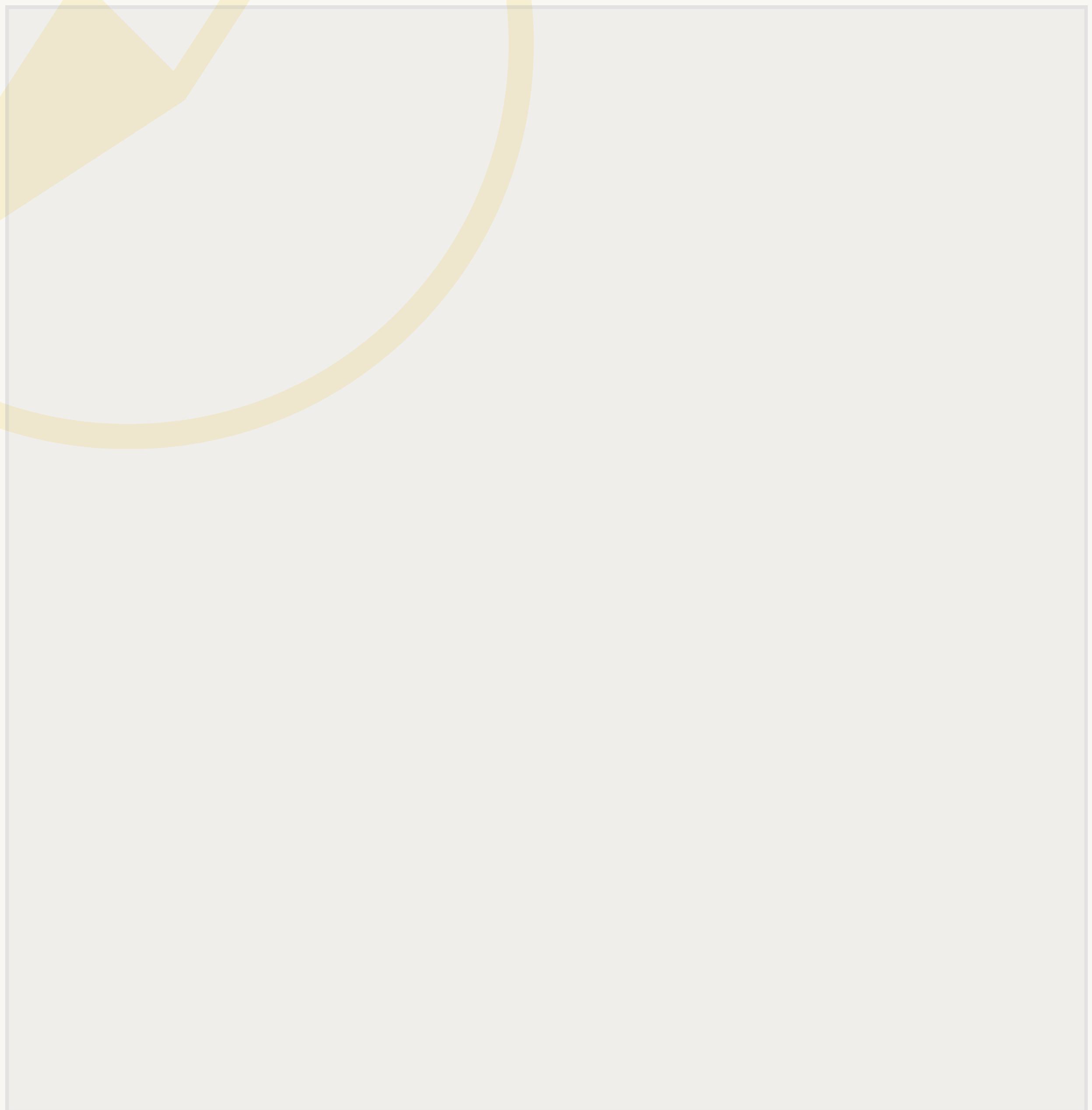
These questions are a beginning, not a solution.

If something feels tender or surprising, pay attention. That's often where the real work begins.

1

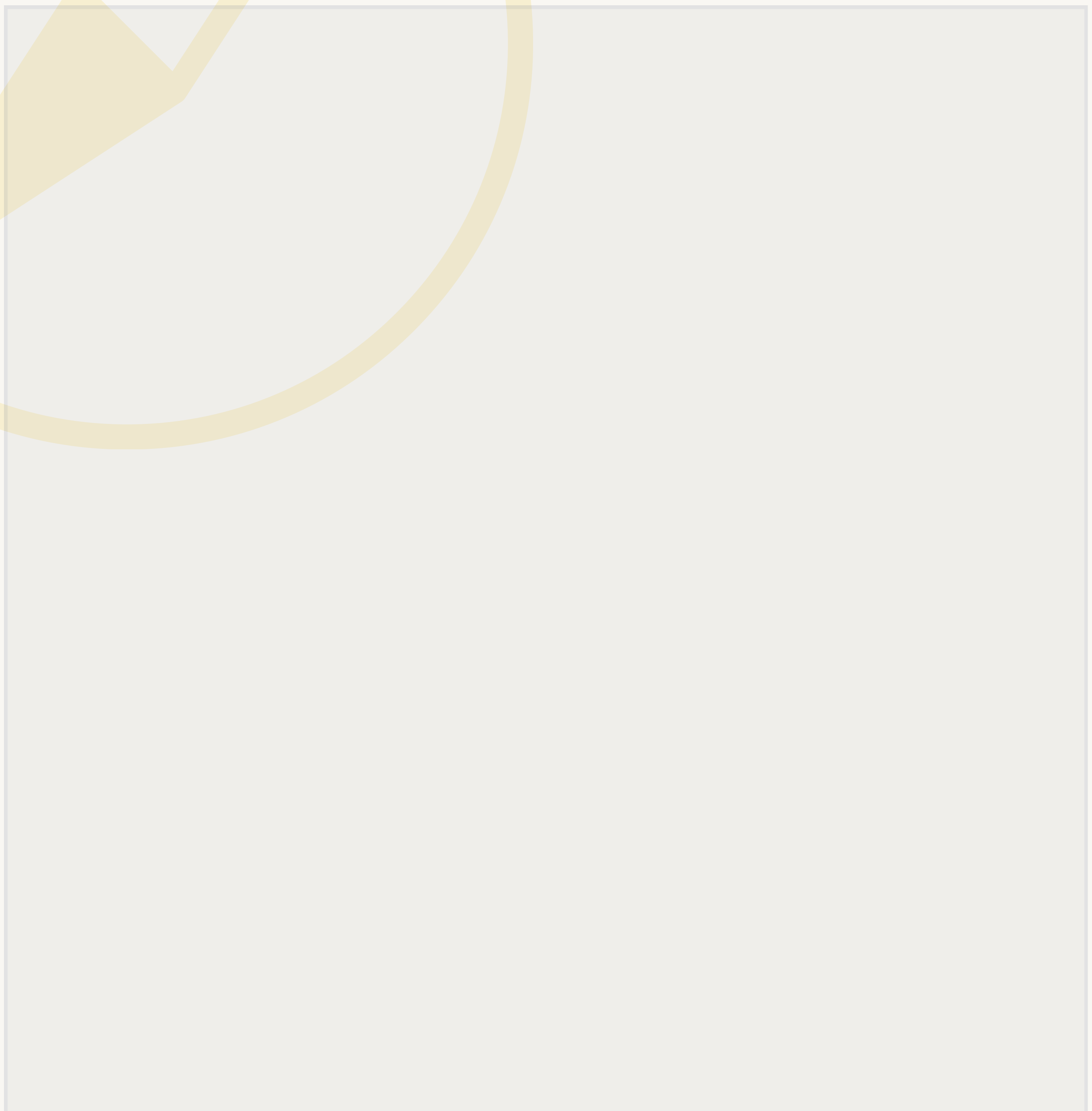
What truly energizes me?

Think back to the moments when you felt most alive. What were you doing? Who were you with? What made those moments meaningful?



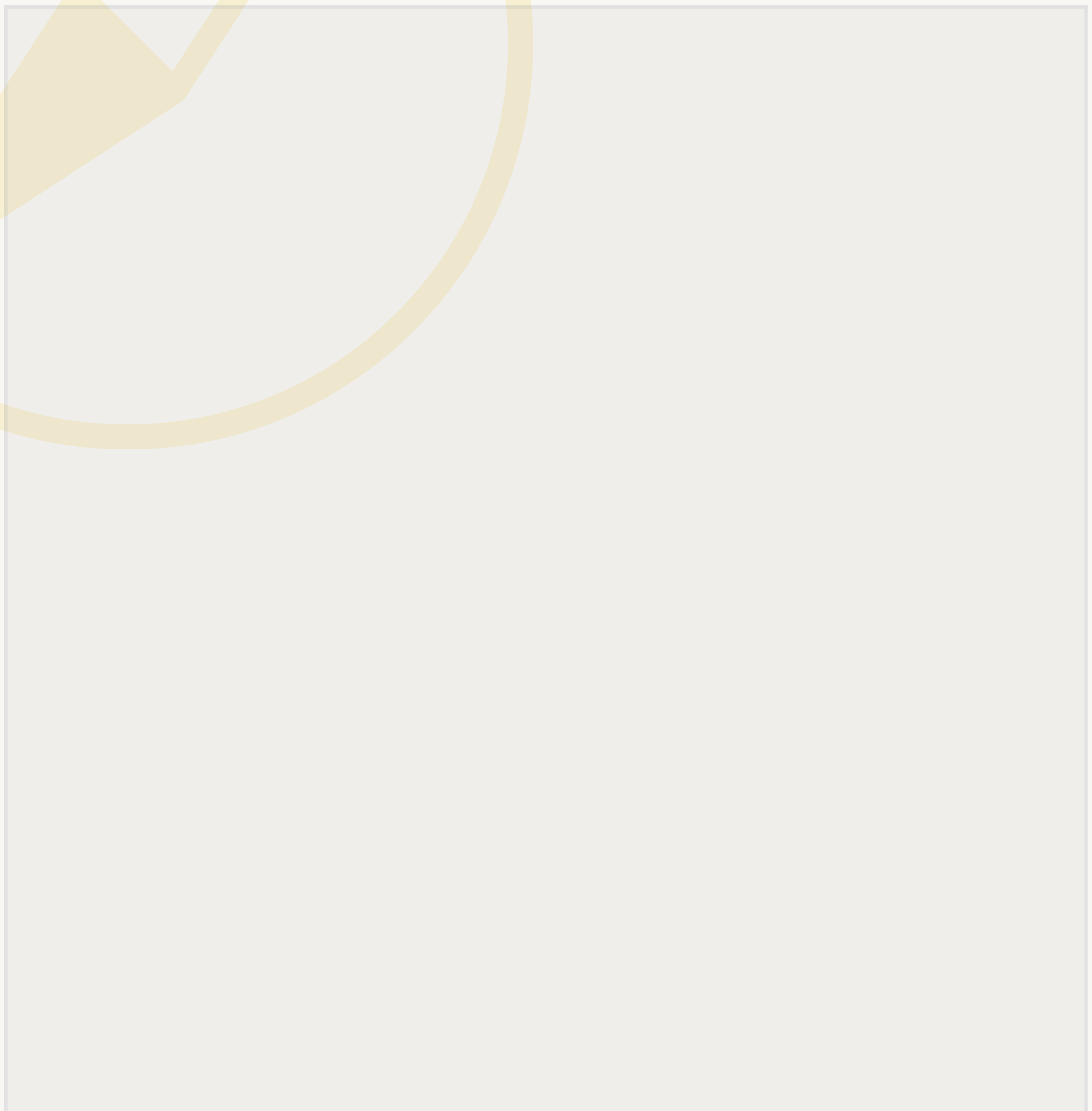
2 What feels “off” right now?

Where do you feel friction, frustration, or misalignment - in your work, relationships, or inner world?



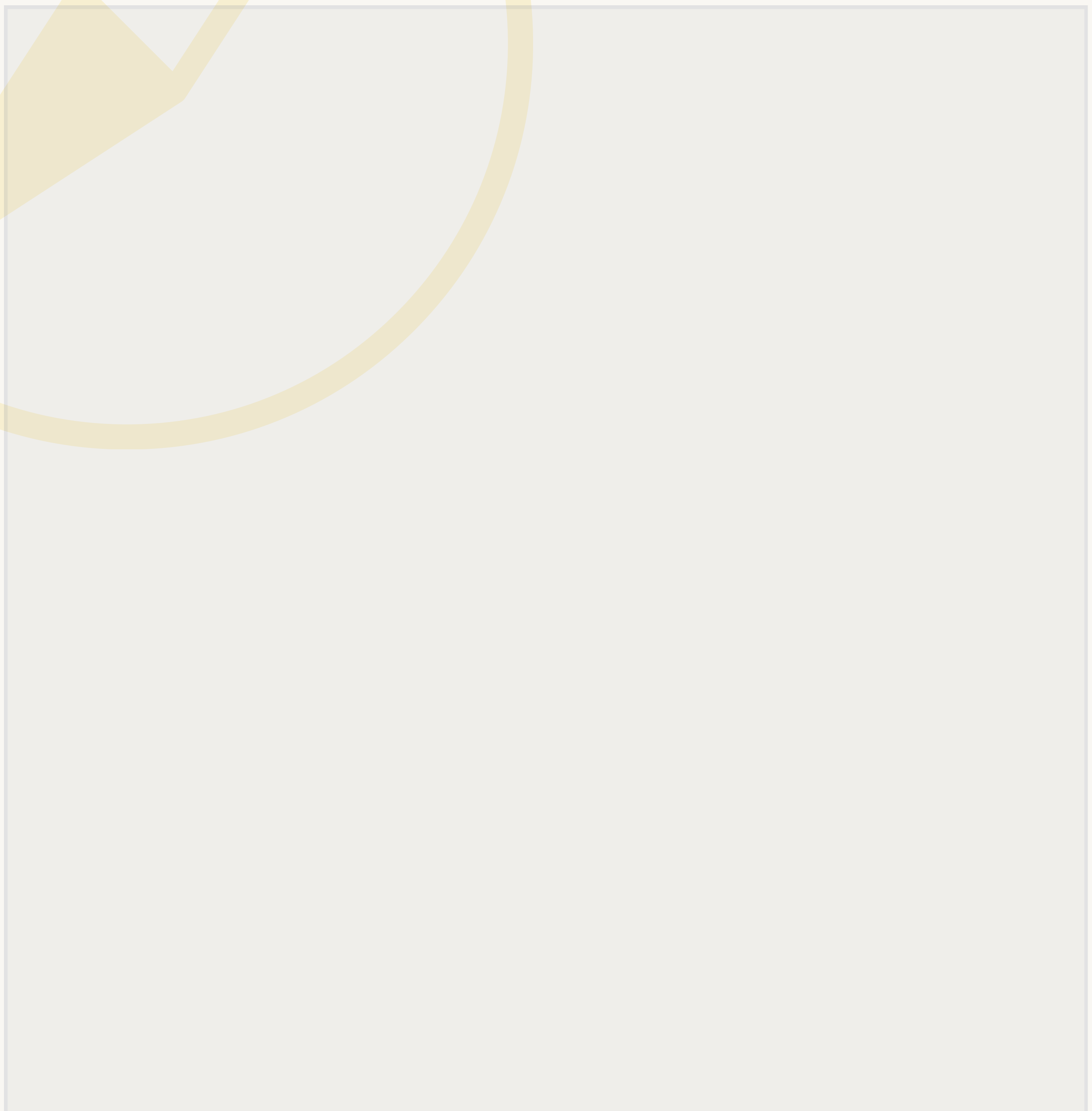
3 What does fulfillment mean to me?

If you removed expectations, titles, and comparison, if you weren't afraid to disappoint anyone - what would fulfillment look and feel like ?



4 What impact do I want to have?

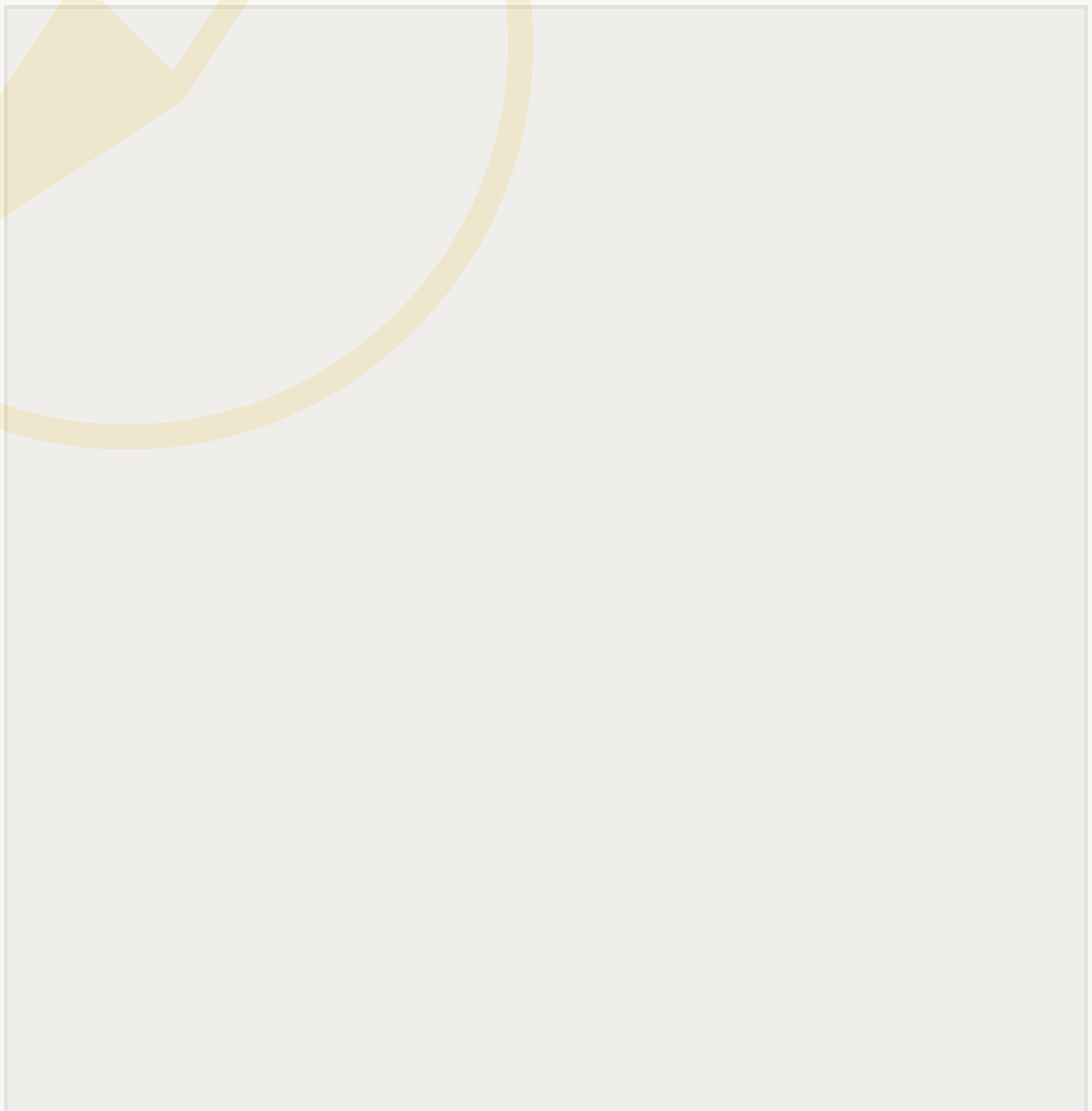
Years from now, how do you hope your work - and your presence - will have shaped the world around you?



5 What's one step I can take this week?

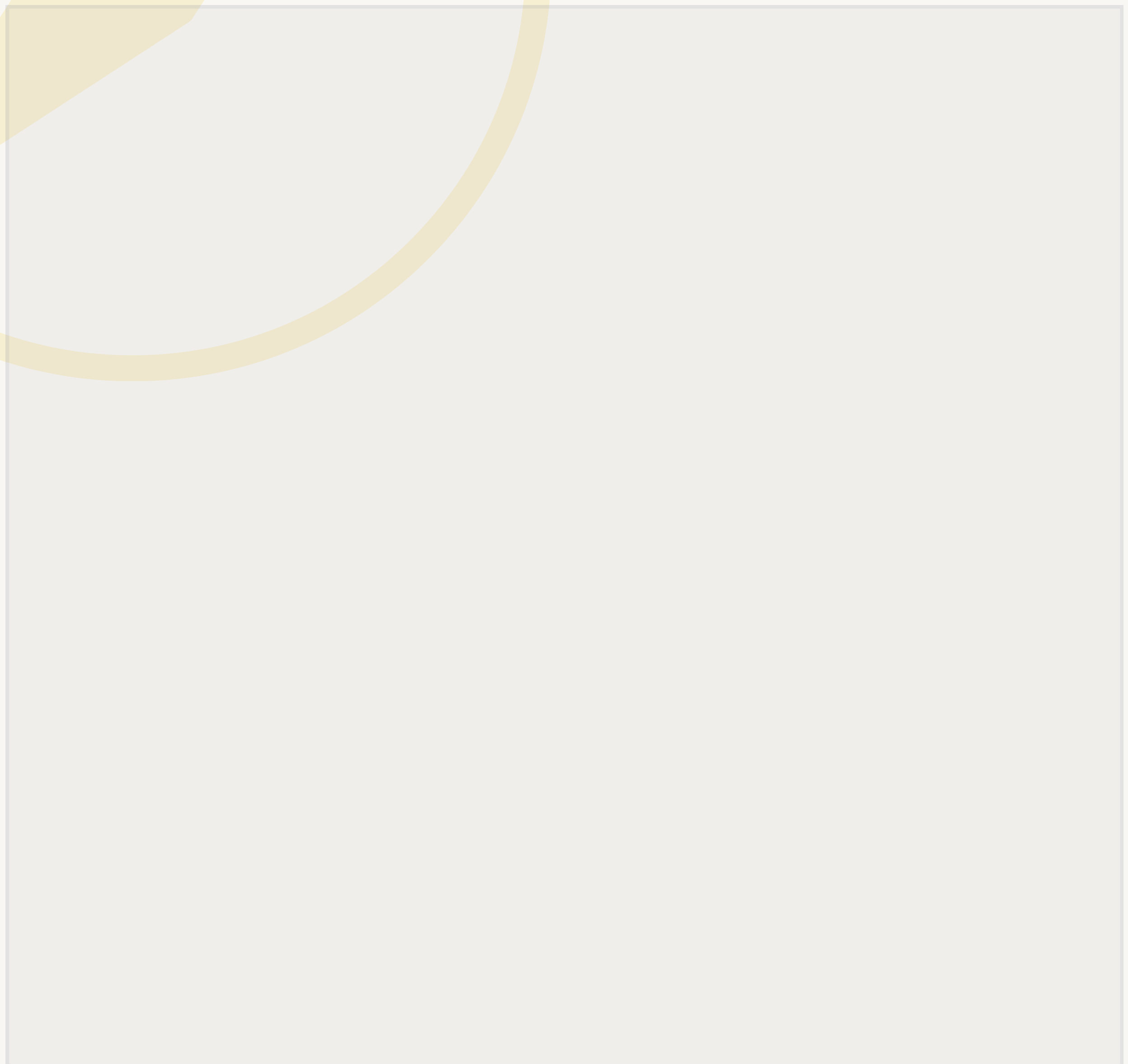
Choose a single, grounded action that moves you even 1% closer to alignment.

This week, I will:



Your emerging insights

What themes or patterns do you notice across your answers? What feels most important right now? Which insights feel energizing - or relieving - to acknowledge?



If you're ready for your next chapter...

Reflection is the first step.

Transformation happens when reflection turns into action.

This is exactly where coaching comes in.

A space to explore your answers.

Support to turn insight into momentum.

A partner dedicated to your growth, fulfillment, and impact.

Whenever you're ready to get started, click here to:

[Book your free introductory conversation](#)

[Learn more about my coaching services](#)

Personalized coaching to transform drive into fulfillment and potential into lasting impact.



About Jackie

ACC, CPCC | Career & Life Coach

Amsterdam-based | 10 years in strategy consulting | ICF-certified

I'm Jackie - a certified life and leadership coach (ACC, CPCC) with 10 years of strategy experience at Bain & Company and several years dedicated to coaching high achievers.

I help driven professionals who look successful on paper but feel disconnected inside find clarity, alignment, and meaningful impact - in work and in life.

My coaching isn't about chasing more goals or fixing what's "wrong." It's about peeling back the layers to reveal the vibrant, authentic you that's been there all along. Together, we'll:

- Explore what truly matters to you, beyond the "shoulds" and expectations.
- Build a stronger, more meaningful relationship with yourself and the people in your life.
- Channel your intensity into a path that feels aligned and fulfilling.

I believe your intensity, your drive, is a gift - one that can light up the world when it's rooted in authenticity. My vision is to help you build a life that's not just impressive, but deeply yours.

Personalized coaching to transform drive into fulfillment and potential into lasting impact.